

Wilson Counselling Associates Arthur Wenk, Psychotherapist

Keirsey, David (1998). *Please Understand Me II: Temperament, Character, Intelligence*. Del Mar, California: Prometheus Nemesis Book Company.

Myers-Briggs Personality Types reorganized according to four temperaments, named for Plato's groups in *The Republic*, based on how they use words (abstract vs. concrete) and tools (cooperative [acceptable to others] vs. utilitarian [whatever works]).

Temperament	Artisan	Guardian	Idealist	Rational
Myers-Briggs	SP	SJ	NF	NT
Words/Tools	Concrete/ Utilitarian	Concrete/Cooperative	Abstract / Cooperative	Abstract /Utilitarian
Self-image	artistic action, audacity, adaptability	reliability, service, respectability	empathy, benevolence, authenticity	ingenuity, autonomy, will power
Personal goal	living sensually	pillar of society	self-actualization	technological power
Totem Animal	Fox	Beaver	Dolphin	Owl
Source of happiness (Aristotle)	sensual pleasure	acquiring assets	moral virtue	logical investigation
Models	Churchill, Franklin Roosevelt	Washington, Truman	Gandhi, Luther	Einstein, Lincoln
Language	Harmonic	Associative	Inductive	Deductive
Intellect	Tactical	Logistical	Diplomatic	Strategic
Role	Operator, (Promoter, Crafter), Entertainer (Performer, Composer)	Administrator (Supervisor, Inspector), Conservator (Provider, Protector)	Mentor (Teacher, Counsellor), Advocate (Champion, Healer)	Coordinator (Field-marshal, Mastermind), Engineer (Inventor, Architect)
Education	Arts and Crafts	Commerce	Humanities	Sciences
Trusting :	Impulse	Authority	Intuition	Reason
Seeking:	Stimulation	Security	Identity	Knowledge
Yearning for:	Impact	Belonging	Romance	Achievement
Mood	Excited	Concerned	Enthusiastic	Calm
Place	Here (where the action is)	Gateways (society's gatekeeper)	Pathways (search for meaning)	Intersections (the matrix)
Time	Now (no time like the present)	Yesterday (keeper of tradition)	Tomorrow (focus on what might be)	Intervals (individual events)
Marriage Partner	Playmate (giving pleasure)	Helpmate (loyal)	Soulmate (deep, meaningful marriage)	Mindmate (intellectual sharing)
Parent	Liberator (children as free spirits)	Socializer (children fit in smoothly)	Harmonizer (self-esteem, self-respect, self-confidence)	Individuator (self-direction, self-reliance)
Leader	Negotiator (looking for an edge)	Stabilizer (sound administrator)	Catalyst (facilitator, motivator)	Visionary (strategic planning)

Those seeking more specific information on mating, parenting and leading types should consult the text directly. The book includes two different tests for determining your personality type and temperament.

For more information go to www.arthurwenk.com/psychotherapist.htm